

Inspirational Emails

Forget Work! Learn to Play.

Fresh Start , Issue 25

In the grammar of my life, the word *play* has replaced the words *plan* and *work*. If life's journey is to be more than a chronological slog from cradle to grave, life must do more than "work."

I don't want my life to "work." *I want my life to sing.* And for that to happen, I must learn to count on one thing: life never turns out as you expect it will. In other words, I must learn how to play. *Life is all about playing.*

Play is more an *approach* to life than an activity in life. Play is already the number one learning experience of postmodern culture. Postmodern learning is shaped by "educational playthings."

It is not just children who play "war games." It is not just children whose toy box is a toolbox.

In the modern world, the Protestant ethic sanctified work. In the *Post*modern world, **the Christian ethic sanctifies play**. The word *work* was made sacred, as work itself was made sacred, by the Protestant ethic. But in the Bible, work is not sacred. Play is more sacred than work.

Find some work you can play.

Find some relationship you can play.

Excerpted from *Learn to Dance the Soul Salsa* by Leonard Sweet PhD. (This book is available for purchase from our online bookstore.)