



Inspirational Emails

Do you deserve to be blessed?

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Are you one of those people who tend to focus on every perceived insult, slight, or negative facial expression, while ignoring compliments "like water rolling off a duck's back?"

Do you sometimes find yourself thinking that something or someone "*is too good for me?*" *I could never hope for that.* If you hear of a potential opportunity - for a new job, a promotion, or for an investment or even a chance to meet someone new, does a little voice in your head assure you that it's not for you? **Does the "abundant life" Jesus talked about seem *impossibly out of reach?*** When someone talks about celebrating life with purpose, passion and power, do you think that's fine for some other people, but not you? If someone attempts to bless you with a compliment and offer assistance or even financial aid, does it make you uncomfortable?

As Charles Spurgeon, a leading Evangelical Theologian of the 19th century observed, "**Every blessing is too good for us if we only focus on what we see (incorrectly) as our 'unworthiness'.**" Conversely, if we realize that every blessing is from God, (who controls the universe) and that nothing is too good for God to give us, then we can receive them with joy.

So get a fresh start. The next time opportunity knocks on your door or someone compliments you, **thank God for his blessing and then accept it with a grateful heart.**

by CV Doner, PhD