



## *Inspirational Emails*

### **Learn to be More Accepting**

*God Nuggets, Issue 17*

*"What is wrong with life often cannot be righted; it is water under the bridge"  
-Ecclesiastes 1:15*

**King Solomon reputed to be the wisest of all Middle Eastern Kings had greater power to change his world than any other man living in his time. Nevertheless he realized that there were some things that could not be changed, even by an all-powerful king.** Solomon had over a thousand wives in his harem; so perhaps he was thinking about the futility of changing someone's essence. Maybe that is why he had so many wives? He wanted to change the first ones personality and couldn't so he kept looking and looking and looking?



All facetiousness aside, **there are some things we cannot change and these usually include another's personality or core being.** A better word would be ontology, our very essence of being. **Certainly our behavior can be greatly modified by learning to interpret our reality differently.** As we've written numerous times (Check out "The Quest") **our interpretation creates our state of mind,** which leads to certain behaviors. This can be drastically changed if we are totally committed: **shy people can become more outgoing;** reaching out can be less painful. Risk averse people can enjoy the reward of new challenges (and new risks). But will somebody who has a natural temperament for math or science become a great opera singer, or vice versa? Probably not. **Will a deeply introverted person become a radically extroverted person?** Definitely not!

While we can change many things about ourselves and work with others to change, the truth is that we are "hard wired" in certain ways **that will most likely not change.** And that's true not just about people and many other things.

**Will politics ever be free of greed, corruption, and down right deception?** You tell me. **Will religion ever be free of numerous hypocrites and officious obnoxious legalists?** Probably not. Will the stock market ever come down low enough that it would be a major mistake to pass it up and then rise quickly the next year so that you can reap a major profit? Probably not. **So some things just don't change.** As the old adage says "our prayers should be for God to help us change what we can and accept what we can't, and most of all, for the wisdom to know the difference between the two!" **This is the key for a peaceful and contented life.**



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